

51 French Parks

Parks that have published a booklet of this kind "Where to watch birds"

Brière Regional Natural Park
parc-naturel-briere.fr

Brenne Regional Natural Park
parc-naturel-brenne.fr

Forêt d'Orient Regional Natural Park
pnr-foret-orient.fr

Haut-Languedoc Regional Natural Park
parc-haut-languedoc.fr

Loire-Anjou-Touraine Regional Natural Park
parc-loire-anjou-touraine.fr

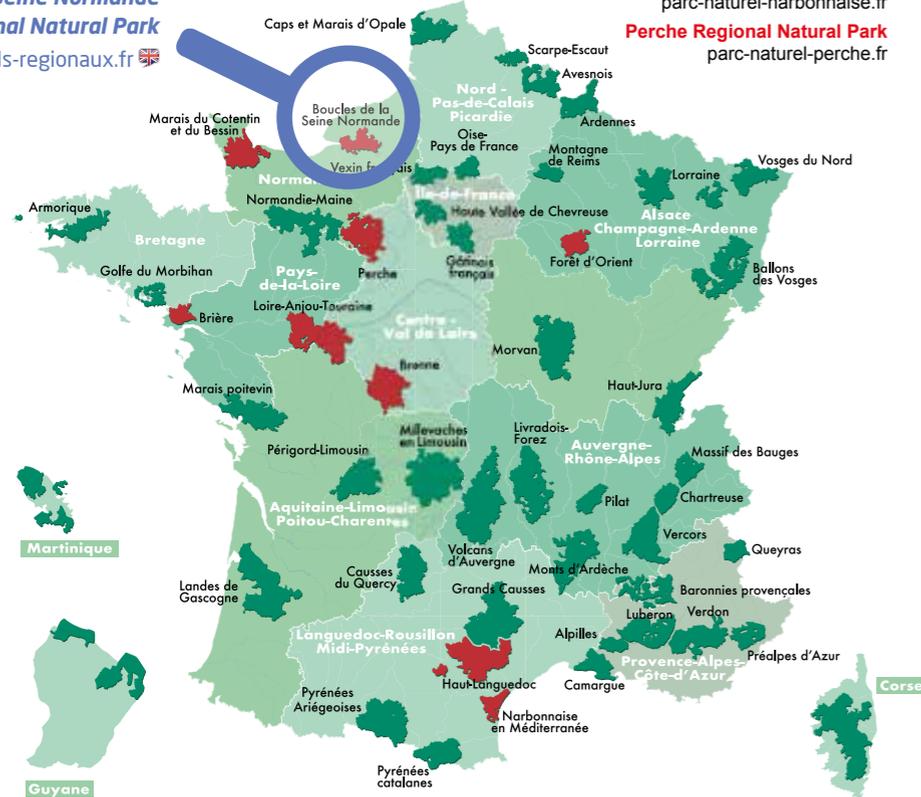
Marais du Cotentin et du Bessin Regional Natural Park
parc-cotentin-bessin.fr

Narbonnaise Regional Natural Park
parc-naturel-narbonnaise.fr

Perche Regional Natural Park
parc-naturel-perche.fr

The Boucles de la Seine Normande Regional Natural Park

parcs-naturels-regionaux.fr



PARC NATUREL
RÉGIONAL DES BOUCLES
DE LA SEINE NORMANDE

Where to watch birds

A different lifestyle starts here

How to get there

Distance from the Maison du Parc in Notre-Dame-de-Bliquetuit (76940)

Beauvais: 81 miles - 130 km

Boulogne-sur-Mer: 129 miles - 208 km

Cherbourg: 146 miles - 236 km

Dieppe: 50 miles - 81 km

Le Havre: 36 miles - 59 km

Deauville: 51 miles - 83 km

Mont-Saint-Michel: 147 miles - 238 km

Ouistreham: 76 miles - 120 km

Paris: 95 miles - 153 km

Rouen: 19 miles via the river ferry Yainville/Heurteauville (on Sundays and bank holidays: river ferry Jumièges/Heurteauville) - 32 km

By train

Train station in Rouen from Lille, Paris, Lyon and Marseille (TGV), Caen.

Train station in Yvetot from Paris, Rouen and Le Havre.

voyages-sncf.com

By plane

Deauville Normandy airport
deauville.aeroport.fr

Beauvais airport
aeroportparisbeauvais.com

Paris airports
parisaeroport.fr

pnr-seine-normande.com facebook.com/pnrseinenormande

Contact

Maison du Parc naturel régional des Boucles de la Seine Normande

76940 Notre-Dame-de-Bliquetuit

Tel : +33 (0)2 35 37 23 16

contact@pnr-seine-normande.com

GPS : 49°29'49.68 N / 0°45'31.45 E

You are in a Regional Natural Park.

▲ Please stay to public rights-of-way and do not enter private property. Do respect animals and don't pick plants.

This project has been brought to you with the technical help of from our partners:



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the hills and alluvial terraces offer a diversity of landscapes, environments and habitats conducive to the presence of a remarkable and original biodiversity, of national or even international importance.

A destination of choice for birds

Ideally located between the sea, the river and the land, the park is of great interest for birds. Wet meadows, rivers and streams, expanses of water, marshes, mudflats, reed beds, cliffs, and forests are all environments that host a very diverse range of species. The wetlands and water bodies are home to the largest number of species. "Wetland Birds", a brochure published in 2016, focuses on these. This related document offers a detailed presentation of the main observation sites.



BIRD-WATCHING HOLIDAYS

Encounters with the Birds of the Seine Valley

LPO Normandy (League for the Protection of Birds), and the travel agency Escursia offer a tour of the landscapes, natural environments and the many species they are home to.



Over three days, discover the local biodiversity and the marsh birds of Heurteauville (near trail no. 3), reed beds (trail no. 8), the limestone hillsides and alluvial terraces of Amfreville-sous-les-Monts (located outside the regional park, between Rouen and Giverny).

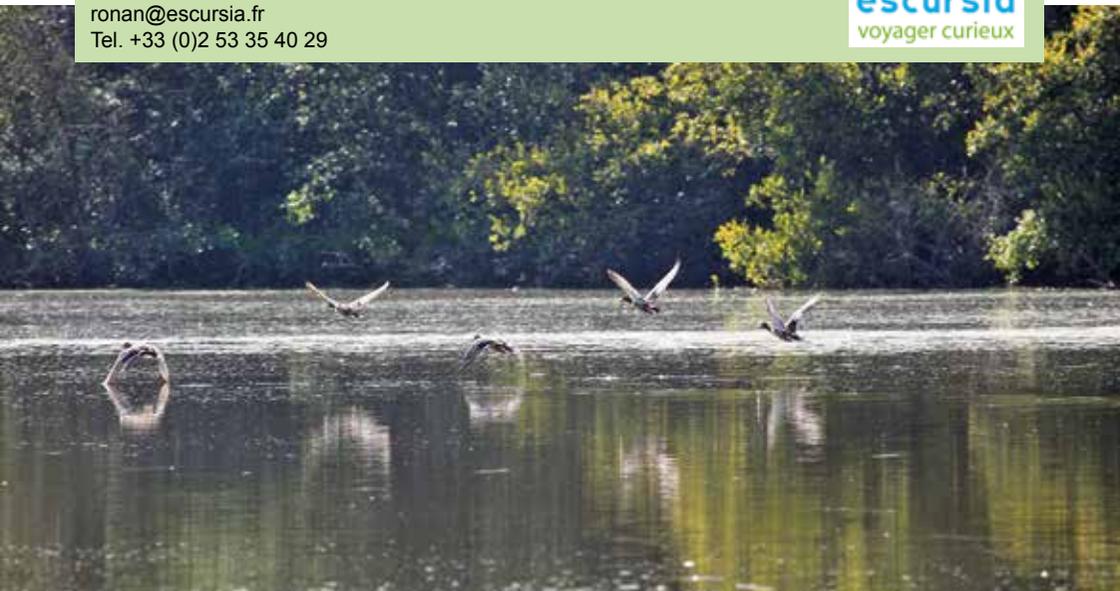
For more informations:

ESCURSIA – voyageur curieux

[escursia .fr](http://escursia.fr)

ronan@escursia.fr

Tel. +33 (0)2 53 35 40 29





Where to observe **wildlife**

Between rivers, marshes, ponds, limestone hillsides, forests, and culture, the territory of the Boucles de la Seine Normande Regional Natural Park is home to hidden treasures of biodiversity. It comprises the majority of the protected spaces in the former Haute-Normandie region.

The extensive woodlands, including the national forests of Brotonne, Trait-Maulévrier and Roumare, harbour large wild mammals such as red deer, roe deer and wild boar, as well as badgers, foxes and squirrels. In some loops of the river, *Melolontha* (cockchafer) swarms at regular intervals in the spring and *Lucanus cervus* (stag beetle) is locally common.

The forest ponds are interesting due to the presence of newts (including the alpine newt) and dragonflies such as *Cordulia aenea* and *Aeshna cyanea*. Hedgerows and orchards dot the territory. These wooded areas close to the plains are a refuge for species that look for old wood, such as *Osmoderma eremita* (hermit beetle, to the east of the territory) or the Midas tree-weaver spider (*Midia midas*).

On the plateaux, agricultural activity has produced ponds, rich in amphibians (the agile frog, four species of newts, and more). A diverse flora is also present including cattails, common water-crowfoot, sweet grasses and water-starworts. This is the kingdom of the dragonflies, with more than 40 species, including *Crocothemis erythraea*. Butterflies are to be seen, such as the swallowtail or the wood white. The *Gryllus campestris* cricket can be observed on embankments and meadows.

In the marshes, there is an explosion of life. The vegetation is typical of wetlands (marsh iris, grassy rush, marsh orchid, pondweeds, as well as water violet and bog pimpernel, both of which are protected at the regional level). New species of amphibians may be added to those mentioned

above (European tree frog, common parsley frog, natterjack toad, and more). Dragonflies abound, and remarkable species are present such as *Libellula fulva*, *Coenagrion scitulum*, *Ichnura pumilio* and *Coenagrion pulchellum*. The Mazarine blue butterfly frequents the wetlands. Other native insects found in these environments are *Gryllotalpa*, *Stetophyma grossum* and even *Copris lunaris* in the Vernier Marsh.

Near springs, the southern damselfly, Villequier's snail (an endemic mollusc) and salamanders are remarkable species. The valley's water bodies provide a habitat for many species of fish. The water courses (Corbie, Austreberthe, etc.) which join the Risle or the Seine constitute important migration routes for migrant species such as salmon, sea trout or lampreys, which breed in them. The eel comes here to grow. Estuarine fish such as the flounder, the European smelt and the thinlip mullet all frequent the Seine for all or part of their life cycle. The mudflats close to the Pont de Normandie act as nurseries for benthic fauna (molluscs, crustaceans), migratory birds and fish.



Pollard trees

These curious trees are often willow, alder and ash trees in the damp soils of the valleys, and hornbeams or oaks in the bocage landscapes of the plateaux, which have drier soils. Their regular size forms a characteristic bulge surmounted by a crown of branches. They constitute an ecosystem all their own: often hollow, their cavities house small mammals, insects such as the hermit beetle and cavity-nesting birds such as the little owl.



Marsh iris

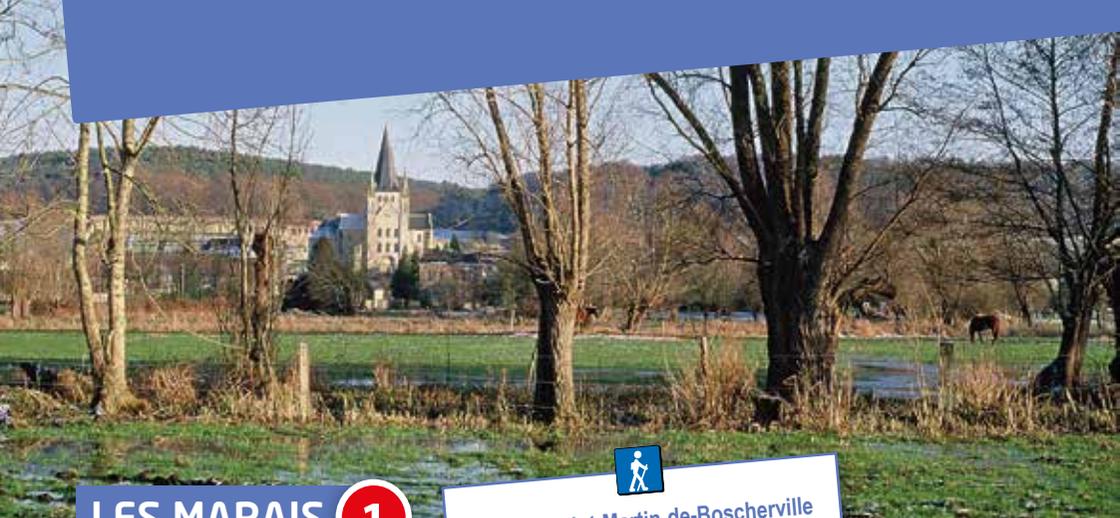
Also known as the yellow iris, this flower is characterized by its long green leaves and its yellow flower which resembles the fleur de lys and blossoms in the month of June. It grows in tufts in wetlands and flooded areas.



Clos-masure

The clos-masure is representative of the rural habitat and the agriculture of Pays de Caux. It comprises an enclosure surrounded by an embankment planted with tall trees (beech, ash, oak) which contains an orchard, farm buildings, the farmhouse, and a pond. In the shade of the trees, the embankment is home to anemones and hyacinths, just as in the natural forest.





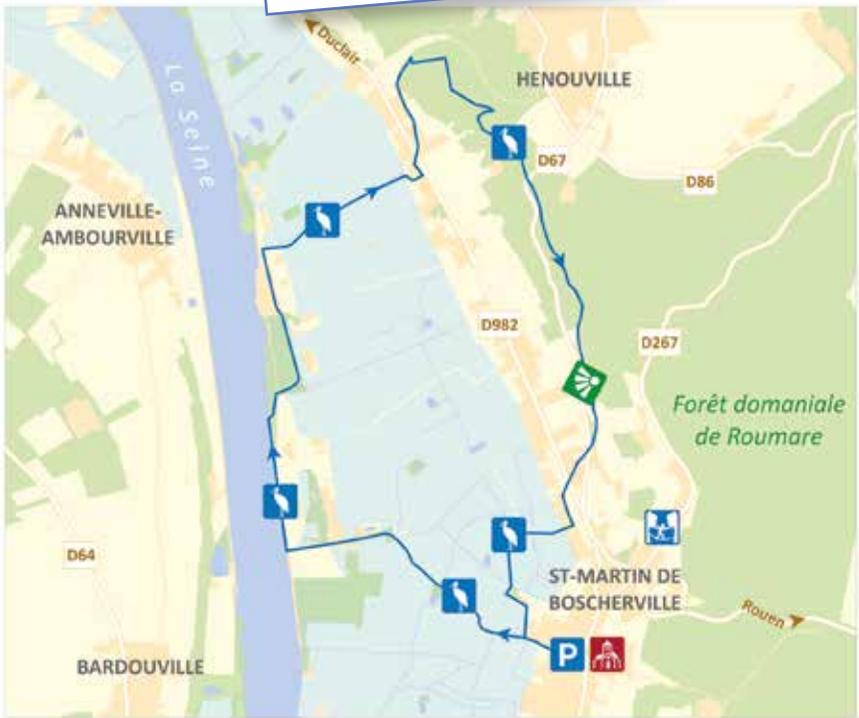
LES MARAIS 1



Q 76840 Saint-Martin-de-Boscherville
 Place de l'Abbaye
 C 11 km



-  Car park
-  Observation area
-  Panoramic viewpoint
-  St-Georges de Boscherville Abbey
-  Tree-climbing adventure park
-  Wetland



This complete route allows visitors to discover the heritage of the Seine Valley (landscape, biodiversity and buildings). You will cross one of the best areas of the Regional Natural Park for the corncrake and other birds of wet meadows. The hedgerows which criss-cross the marshes are home to many nesting birds and the little owl. The forests that dominate the valley provide territories for birds of prey, populations of woodpeckers and large mammals.

Birds that can be seen here

All year round

Cetti's warbler, Black woodpecker, Middle spotted woodpecker, Great egret.

Spring / Summer

Marsh warbler, Golden oriole, Honey buzzard, Corncrake, Whinchat, White stork, Hobby, Grasshopper warbler, Nightjar, Nightingale.

Fauna

Wild boar, Red deer, Great crested newt, Agile frog, Alpine newt, Hermit beetle, dragonflies.

Flora

Narrow-leaved water-dropwort, Ragged robin.

Sites open to visitors

Abbaye Saint-Georges-de-Boscherville

Abbey built in the 12th century. Open all year.
abbaye-saint-georges.com 

Ferme des Templiers

Templar Farm. Physic garden in a medieval enclosure. Open in June and September.
 76840 Saint-Martin-de-Boscherville
rouentourisme.com/monuments/ferme-des-templiers 

Activities

Espace Normandie Aventure

Forest adventure routes.

Val Saint-Léonard

76840 Saint-Martin-de-Boscherville
espaceaventure.com

Parc animalier de Roumare

Animal park. Between Rouen and Saint-Martin-de-Boscherville, the Roumare forest is home to a 26 ha enclosure for observing red deer, fallow deer, roe deer and wild boar in their natural environment. Open all year. Free entry. Pedestrians and bicycles.

Where to sleep

Many guest houses and rental cottages.

gites-normandie-76.com 
clevacances.com 

Where to eat

Restaurant "La Belle de Mai"

Place de l'Abbaye
 76840 Saint-Martin-de-Boscherville
 Tel. +33 (0)2 32 80 18 38

Worth knowing

Medical centre - Pharmacy.
 Bakery.

For more tourist informations

Rouen Normandie Tourisme et Congrès

25, place de la Cathédrale

76000 Rouen

accueil@rouentourisme.com

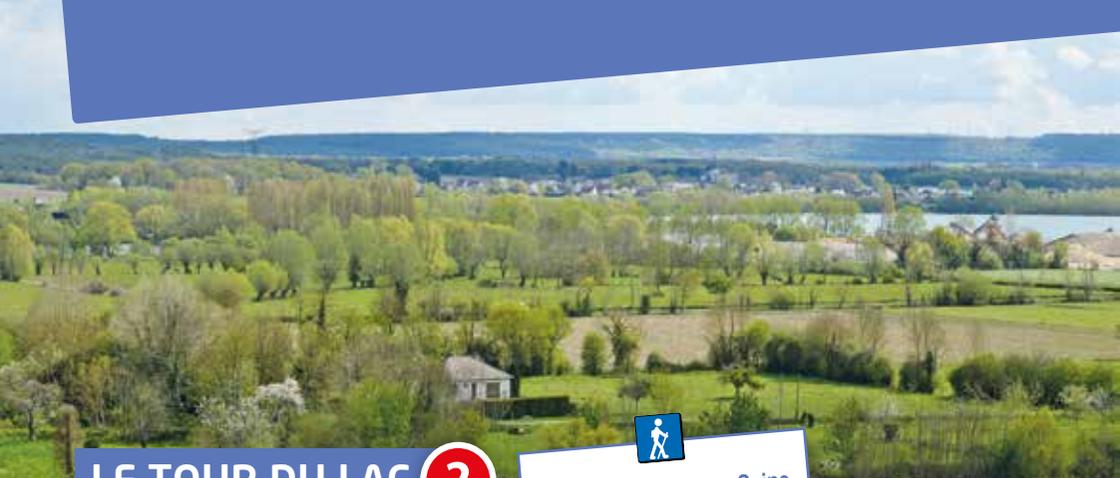
rouentourisme.com 

Tel. +33 (0)2 32 08 32 40

Seine-Maritime Tourisme

seine-maritime-tourisme.com 

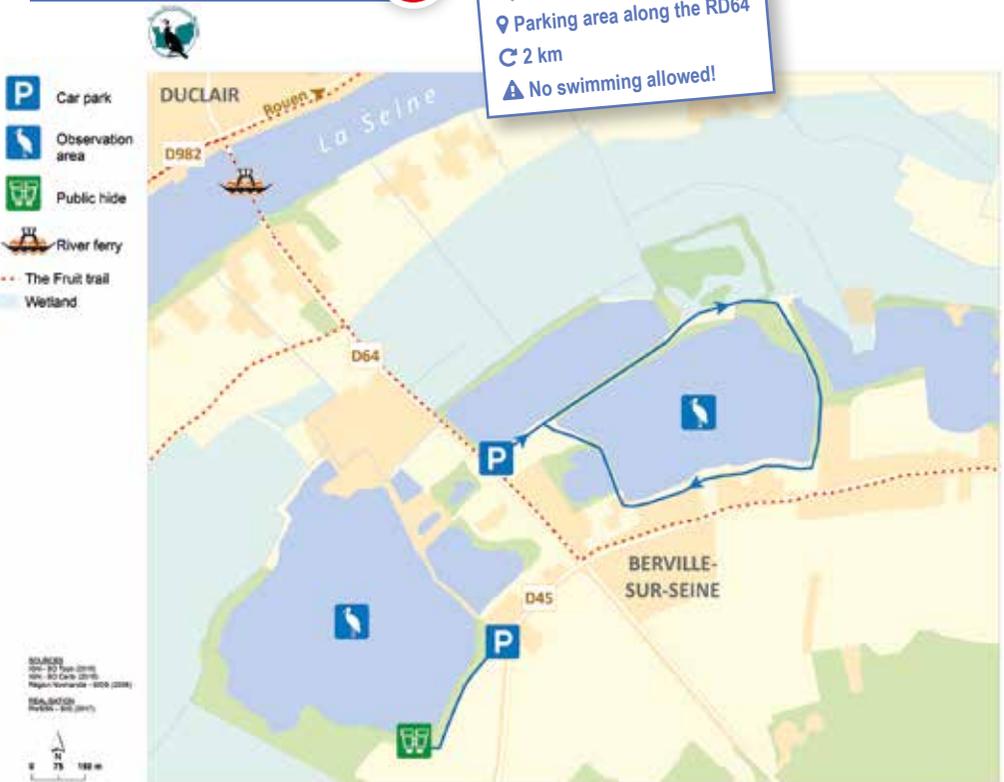




LE TOUR DU LAC 2



- Q 76480 Berville-sur-Seine
- 📍 Parking area along the RD64
- 🕒 2 km
- ⚠️ No swimming allowed!



In the vicinity of orchards, wet meadows and woodlands, many water bodies occupy former gravel pits in this loop of the Seine. These favour the presence of aquatic birds, easily observable throughout the year. Many ducks spend the winter there. In spring, the songs of passerines emerge from the shrubs and hedgerows. Close to the trail laid out by the GON (Normandy Ornithological Group), the water body located to the south is equipped with a hide (see map).

Birds that can be seen here

All year round

Great egret.

Spring / Summer

Melodious warbler, Nightingale, Cetti's warbler, Lesser whitethroat, Grasshopper warbler, Marsh warbler.

Autumn / Winter

Tufted duck, Pochard, Shoveler, Gadwall.

Fauna

Natterjack toad, Hermit beetle, Sand lizard.

Flora

Centaurea cyanus.

Nearby attractions

La route des fruits

The Fruit Trail, which runs for 62 km from Notre-Dame-de-Bliquetuit to Duclair, passes by the loops of Jumièges and Anneville-Ambourville, where this trail is located. This offers the chance to meet the local producers and enjoy red berries, cherries, plums, apples and pears, according to the season. For more information: see the "Fruit Trail" brochure on pnr-seine-normande.com

Activities

CVAS

Water activities. Accommodation may also be booked.

653, route du Marais Brésil
76480 Anneville-Ambourville
cvas.fr

Activities for groups and individual

The GON (Normandy Ornithological Group) organizes bird-watching outings.

For more informations:
<http://gonm.org/index.php?pages/Calendrier>

Where to sleep

Guest houses and rental cottages:

Duclair,
Yville-sur-Seine,
Bardouville.
gites-normandie-76.com 
clevacances.com 

Where to eat

Restaurants: Duclair.

Worth knowing

Small supermarket

Closed on Wednesdays and Sunday afternoons.

394, rue Monseigneur Lemonnier
76480 Anneville-Ambourville

All shops and services: Duclair.

The Seine Ferry

A unique curiosity in France to cross the Seine river. The ferry for the Berville-sur-Seine/ Duclair crossing runs every day. Free service.

Timetables : pnr-seine-normande.com
Entry "Informations pratiques".

For more tourist informations

Rouen Normandie Tourisme et Congrès

25, place de la Cathédrale

76000 Rouen

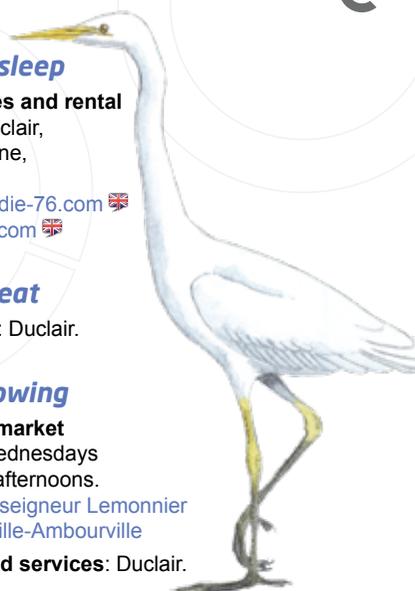
accueil@rouentourisme.com

rouentourisme.com 

Tel. +33 (0)2 32 08 32 40

Seine-Maritime Tourisme

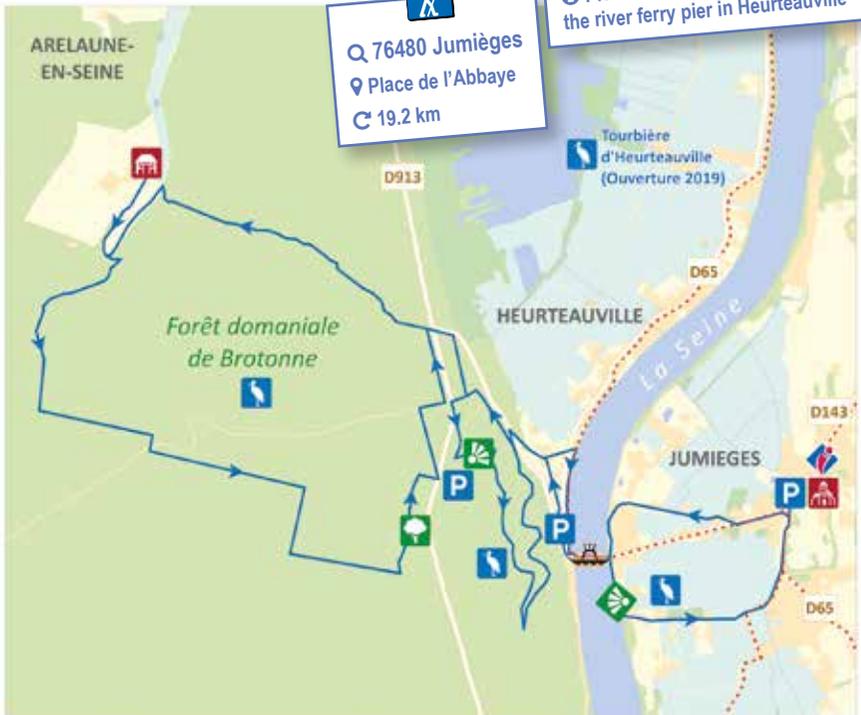
seine-maritime-tourisme.com 



LA SENTE AUX MOINES 3

2 possible starting points

-  Car park
-  Observation area
-  Panoramic viewpoint
-  Remarkable tree
-  Jumièges Abbey
-  Local heritage site
-  Tourist office
-  River ferry
-  The Fruit trail
-  Wetland



The Monks' path passes through the wetlands and the orchards of Jumièges to the Brotonne forest. This trail is ideal for observing the different landscapes of the Seine Valley and the diversity of species they harbour. The proximity of the forests mean there are many birds of prey.

The peat bog of Heurteauville: a bird hide

Sensitive Natural Area



The Seine-Maritime Department is creating a discovery trail with a bird hide. **Opening planned for 2019.** In addition to remarkable flora and fauna (bats, hazel dormouse, royal fern, sundews, bog myrtle), this area has more than 139 species of birds!

Birds that can be seen here

All year round

Goshawk, Peregrine falcon, Black woodpecker, Middle spotted woodpecker, Little owl, Great white egret, Hawfinch.

Spring / Summer

Honey buzzard, Hobby, Nightjar.

Fauna

Wild boar, Red squirrel, Pine marten, Crested newt, Agile frog, Alpine newt, Tree frog, Forest dragonflies.

Flora

Ivy-leaved crowfoot (*Ranunculus hederae*).

Sites open to visitors

Abbaye de Jumièges

Abbey open all year.

abbayedejumieges.fr

La route des fruits

The Fruit Trail runs for 62 km from Notre-Dame-de-Bliquetuit to Duclair, passes by the loops of Jumièges and Brotonne. This offers the chance to meet the local producers and enjoy red berries, cherries, plums, apples and pears, according to the season.

Find out more: "Fruit Trail" brochure in French/English on pnr-seine-normande.com

Activities

Base de loisirs

Leisure center with bathing, water activities, Planet Adventure... Accommodation for groups may also be booked. Restaurants.

76480 Mesnil-sous-Jumièges

basedejumieges.com

Golf de Jumièges

Eco-golf: 18 holes, and 9-hole compact course, 50-bay driving range, of which 20 are covered, putting green.

Accommodation for groups may also be booked. Restaurant "Les terrasses de Jumièges" open to all 7 days a week at midday. Open all year.

76480 Mesnil-sous-Jumièges

www.golfdejumieges.fr

Where to sleep

Guest houses and rental cottages

Jumièges, Le Mesnil-sous-Jumièges, Heurteauville, Arelaune-en-Seine

gites-normandie-76.com 🇫🇷

clevacances.com 🇫🇷

Campgrounds

Jumièges, Le Mesnil-sous-Jumièges, Arelaune-en-Seine

Service areas for camper vans

Outside camp grounds.

Jumièges, Heurteauville, Arelaune-en-Seine

⚠ Hunting is practised in the Brotonne forest!

To find out the dates and these areas where it may be practised, consult the website of:

Office National des Forêts : onf.fr (Région Seine Nord)

ag.haute-normandie@onf.fr

Tel. +33(0)2 35 14 20 20



Where to eat

Restaurants: Jumièges and Arelaune-en-Seine.

Worth knowing

Pharmacy: Yainville and Arelaune-en-Seine.

Medical centre, all shops and services: Jumièges and Arelaune-en-Seine.

The Seine Ferry

A unique curiosity in France to cross the Seine river. The ferry for Jumièges/Heurteauville crossing, runs every day. Free service.

Timetables : pnr-seine-normande.com

Under "Informations pratiques".

For more tourist informations

JUMIÈGES

Rouen Normandie Tourisme et Congrès

25, place de la Cathédrale

76000 Rouen

accueil@rouentourisme.com

rouentourisme.com 🇫🇷

Tel. +33 (0)2 32 08 32 40

Bureau d'Information touristique

Rue Guillaume le Conquérant

76480 Jumièges

Tel. +33 (0)2 35 37 28 97

HEURTEAUVILLE & ARELAUNE-EN-SEINE

Office de Tourisme Caux vallée de Seine

Place du Général de Gaulle

76490 Caudebec-en-Caux

office@tourismecauxseine.com

tourismecauxseine.com 🇫🇷

Tel. +33 (0)2 32 70 46 32

Seine-Maritime Tourisme

seine-maritime-tourisme.com 🇫🇷



L'ALLÉE DES GRANGES 4



Q 27680 Sainte-Opportune-la-Mare
 P Church car park
 C 7 km
 I Car park and picnic tables at the Grand'Mare bird hide

Legend:

- P** Car park
- I** Observation area
- I** Public hide
- I** National Nature Reserve
- I** Local heritage site
- - -** The Thatched Cottage trail
- Light Blue** Wetland

Map Labels: La Grand'Mare, ST-THURIEN, STE-OPPORTUNE-LA-MARE, D810, D95.

Source: IGN 27680 (2015), IGN 80 Carls (2015), Région Normandie - IGN (2015), IGN, IGN (2015).

Scale: 0 100 200 m

This trail crossing the plateau, hillside and marshes, offers a “dive” into the heart of the Vernier Marsh (marais Vernier), a vast 4,500-hectare amphitheatre created by a former meander of the River Seine. Located on an important bird migration corridor, Vernier Marsh, with the proximity of the Seine estuary and the lake of the Grand'Mare, is of great ornithological interest. This wetland of international importance was Ramsar classified in 2015. A hide built on the Grand'Mare reserve allows visitors to watch the lake and its surroundings and to search for reedbed birds in the right season. In the autumn, many migratory ducks come to enjoy the tranquillity of the site. The marsh is lined with hedgerows and orchards, which shelter many owls.

Birds that can be seen here

All year round

White stork, Great egret, Little owl.

Spring / Summer

Bluethroat, Osprey, Honey buzzard, Hobby, Marsh harrier, Marsh warbler, Golden oriole.

Autumn/ Winter

Shoveler, Gadwall, Teal, Wigeon, Bittern.

Fauna

Wild boar, Red squirrel, Alpine newt, Crested newt, Agile frog, Pool frog, Tree frog.

Flora

Marsh iris, *Caltha palustris*, Flowering rush (*Butomus umbellatus*).

Nearby attractions

La route des chaumières

From the Maison du Parc to the Vernier Marsh, the Thatched Cottage Trail runs along the Seine for 53 km towards its mouth and enhances this traditional habitat based on local resources: reeds, wood, clay.

For more informations: brochure "The Thatched Cottage Trail": pnr-seine-normande.com

Diorama of the birds

At the Grand'Mare hide.

Visit by appointment: Fédération Départementale des Chasseurs de l'Eure
contact@fdc27.com
 Tel. +33 (0)2 32 23 03 15

The Vernier Marsh National Natural Reserve

Located within the loop of the Vernier Marsh which is home to one of the largest peat bogs in France. The reserve occupies 148 hectares managed by the Boucles de la Seine Normande Regional Natural Park. Camargue horses and Highland cattle help to naturally maintain the balance of fauna and flora.

Visits for individuals on Wednesdays in July and August at 14.00. Reservations required
 Tel. +33(0)2 35 37 23 16.

The Courtils of Bouquelson

Private Natural Reserve managed by an association. Trail open to the public from April 1 to November 31.

courtilsdebouquelson.wordpress.com
 Visits for groups by appointment:
courtils.de.bouquelson@gmail.com

Where to sleep

Guest houses and rental cottages

gites-de-france-eure.com 

Residential Park

marronniers-normandie.com 

Where to eat

"Auberge de l'Étampage"

Le Bourg

27680 Marais-Vernier

Tel. +33 (0)2 32 57 61 51

aubergeetampage@orange.fr

Restaurants: Bourneville-Sainte-Croix

Tel. +33 (0)2 32 80 18 38

Worth knowing

All shops and services: Bourneville-Sainte-Croix.

Apple festival: Sainte-Opportune-la-Mare, first Sunday in October.

For more tourist informations

Office de Tourisme

6, Grande Rue

27500 Bourneville-Sainte-Croix

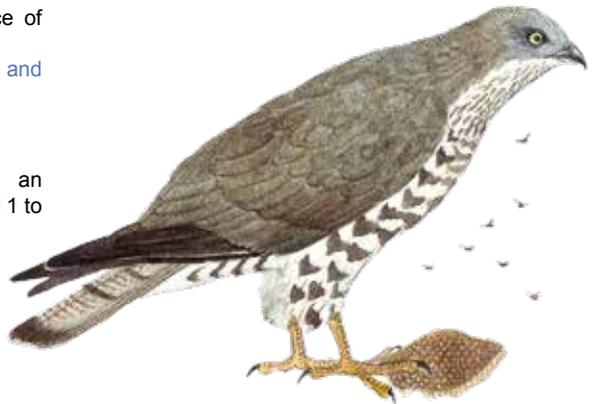
officedetourisme@roumoiseine.fr

tourisme-quillebeuf.com

Tel. +33 (0)2 32 57 32 23

Eure Tourisme

eure-tourism.com 





LE SENTIER DES ÉTANGS 5

Q 27500 Toutainville
 📍 Car park near the campsite or the nautical club
 ⌚ 4.9 km
 🍴 3 picnic areas along the trail
 🎮 Play area for children



- Car park
- Observation area
- Water sports activities
- Camping
- Wetland



A few steps from Pont-Audemer, these ponds are the ideal place to get to know the fauna and flora of the wetlands. The islands offer protection to the gregarious birds who gather there to roost. There are many aquatic birds, such as passerines. The site is rich in species of dragonflies, seen near ponds and along the banks of the river. There are many different paths to explore and discover.

Birds that can be seen here

All year round

Cattle egret, Great egret.

Spring / Summer

Osprey, Hobby, Marsh warbler, Grasshopper warbler.

Autumn / Winter

Schoveler, Pochard, Teal, Gadwall, Wigeon.

Fauna

Dragonflies, amphibians, fish.

Flora

Wild black poplar, *Dactylorisa praetermissa*.

Fishing in the ponds

Pike, carp, eel.

For more Informations: www.aappma2750.com

Nearby

Pont-Audemer

The "Venice of Normandy": a medieval city built on the edge of the Risle and its channels

Activities

"Les Castors rislois"

Canoë-kayak and stand-up paddle on the river Risle.

Rue Pierre de Coubertin

27500 Pont-Audemer

lescastorsrislois@orange.fr

lescastorsrislois.fr

Base nautique Risle-Seine

French water-skiing school and wakeboard.

Open afternoons from April to October.

15, route des étangs

27500 Toutainville

club-nautique-toutainville.fr

club.nautique.toutainville@orange.fr

"Pontaugolf"

Driving range open every day.

9-hole course open April to October.

Route des Étangs

27500 Pont-Audemer

pontaugolf@gmail.com

pontaugolf.info

Attelage de la Croix Blanche

Carriage rides.

4 chemin de la Croix Blanche

27500 Toutainville

gilles.harou0436@orange.fr

Tel. +33 (0)6 13 12 25 96

Where to sleep

Guest houses

and rental cottages:

Toutainville and Pont-Audemer.

gites-de-france-eure.com 

clevacances.com 

Hotels: Pont-Audemer

ville-pont-audemer.fr/tourisme

Holiday cottages on stilts beside ponds, and camp grounds:

Toutainville

Where to eat

Café-restaurant "Le Bounty"



Local Normandy food and drinks, musical entertainment, walkers welcome.

5, place Henri Drevon

27500 Toutainville

chouky167@aol.com

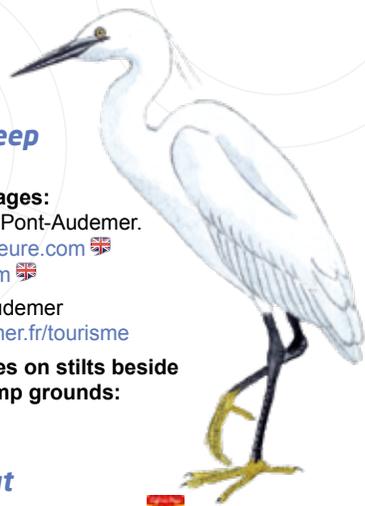
Tel. +33 (0)2 32 41 41 17

Restaurants: Pont-Audemer

Worth knowing

All shops and services: Pont-Audemer.

Medical centres - Pharmacies - Hospital



For more tourist informations

Office de Tourisme

2, place du Gal de Gaulle

27500 Pont-Audemer

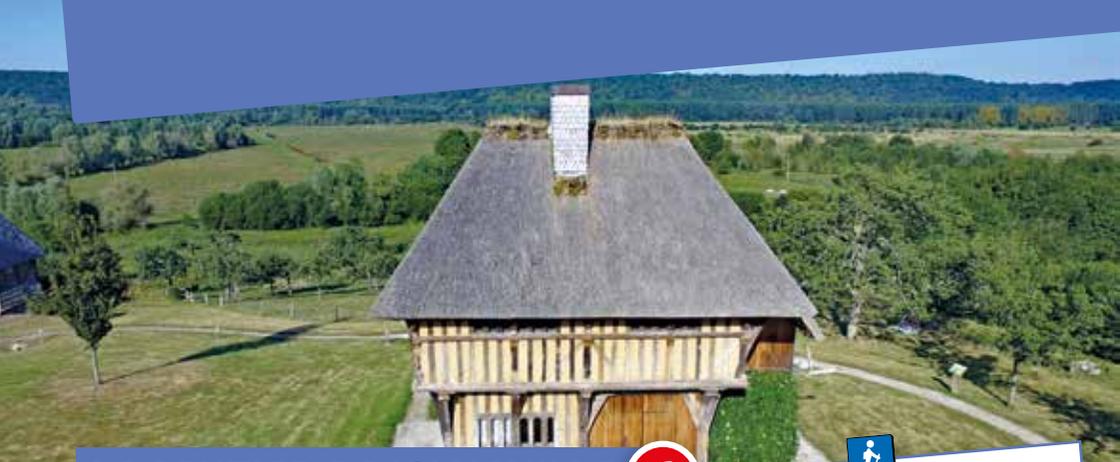
tourisme@ville-pont-audemer.fr

ville-pont-audemer.fr/tourisme 

Tel. +33 (0)2 32 41 08 21

Eure Tourisme

eure-tourism.com 



LE SENTIER DE L'ANGUILLE 6



Q 27210 Saint-Sulpice de Grimbouville
 Mairie de Saint-Sulpice
 4.2 km



- Car park
- Observation area
- Panoramic viewpoint
- Local heritage site
- Wetland



SOURCES
 IGN - 80 Plan (2016)
 IGN - 80 Carte (2016)
 Région Normandie - 19000 (2016)

ÉLABORATION
 Région Normandie - 19000 (2016)

This hiking loop located in the Risle valley offers the opportunity to immerse yourself in a natural area covering several hundred hectares comprising woodlands, reed beds, meadows, springs, ditches and ponds. The Regional Natural Park directly manages 85 hectares. It is a real feast for naturalists, who can observe the native flora, and also seek out the many dragonflies. Passerines are found here in significant densities and bird-watching facilities are available. The Eel Trail is dotted with educational stops allowing a playful and sensory discovery of the site.

Birds that can be seen here

All year round

White stork, Cattle egret, Great egret, Lapwing.

Spring / Summer

Bluethroat, Marsh warbler, Hobby, Grasshopper warbler, Honey buzzard, Golden oriole, Red-backed shrike, Yellow wagtail.

Fauna

Alpine newt, Agile frog, Pool frog, Tree frog, Southern damselfly, eel, Large marsh grasshopper.

Flora

Marsh iris, Mare's tail (*Hippuris vulgaris*).

Nearby attractions

On the outskirts of the medieval English building which houses the town hall, interpretation panels provide information about the history of the landscape and heritage of the area: panorama, thatched cottages, miraculous spring.

The Beuzeville-Honfleur Tourism Office organizes tours of the town hall in season.

Activities

See the activities for trail no. 5, page 15.

Where to sleep

Guests houses and rental cottages:

Foulbec, Saint-Samson-de-la-Roque, Conteville, Saint-Pierre-du-Val.

gites-de-france-eure.com 
clevacances.com 

Where to eat

See the informations for trail no. 5, page 13.

Restaurants: Conteville

beuzeville-tourisme.com

Worth knowing

The largest nearby towns are Pont-Audemer and Beuzeville (all shops and services).

For more tourist informations

Bureau d'Information Touristique Beuzeville-Honfleur

52, rue Constant Fouché

27210 Beuzeville

contact@beuzeville-tourisme.com

beuzeville-tourisme.com 

Tel. +33 (0)2 32 57 72 10

EureTourisme

eure-tourisme.com 



For more informations on nature
outings for groups and individuals

Maison du Parc

76940 Notre-Dame-de-Bliquetuit

contact@pnr-seine-normande.com

pnr-seine-normande.com

Tel. +33 (0)2 35 37 23 16

Tel. +33(0)2 35 14 20 20

SUR LA TRACE DES CHEVAUX 7



Q 76430 Saint-Vigor-d'Ymonville
 A From the A131, exit "Port 5000-6000" transport centre
 P Crossroads of the Allée des Peupliers and the access road to the former Millénium factory site
 C 4 km



- Car park
- Observation area
- National Nature Reserve
- Panoramic viewpoint
- Horses
- Reed bed
- ACDPM Hunting Reserve
- Wrong way
- Wetland



This route, which begins in the middle of the wet meadows, crosses rich and diverse environments leading toward the banks of the Seine. A heronry protected by a grove of trees is home to several species of herons that can be observed at leisure along the walk. The elevation of the old pier of the Bac du Hode river ferry facilitates observation of the areas of reeds and tall grasses to the east and a large reedbed to the west. Closer to the Seine, the hunting ponds in flood areas attract many water birds, as do the mudflats along the river.

Birds that can be seen here

All year round

Cattle egret, Spoonbill, Pied avocet, Bearded reedling, Marsh harrier.

Spring / Summer

White stork, Night heron, Bluethroat.

Winter

Common teal, Bittern.



Fauna

Parsley frog, Common water frogs (*Pelophylax kl. esculentus*) are abundant; a few individuals of pool frogs (*Pelophylax lessonae*) have been heard.

Flora

Garden angelica, Summer snowflake.

Nearby

The Tancarville and Normandy bridges: these two cable-stayed bridges are true works of art that are part of the identity of the landscape.

The Tancarville bridge, opened in 1959, is the first bridge built downstream from Rouen to connect the right and left banks of the Seine. It replaced the Bac du Hode river ferry which no longer met the demand for north-south road connections.

Lookout area in Saint-Vigor-d'Ymonville Cap du Hode

Orientation tables evoke the history and industrial development of this part of the Seine estuary and provide information on the protection and enhancement of the environment, flora and fauna.

GPS coordinates:

latitude: 49.486900 longitude: 0.348600

Where to sleep

Guest houses and rental cottages:

La Cerlangue, La Remuée, Saint-Romain-de-Colbosc

caux-estuaire.fr

gites-normandie-76.com 

Where to eat

Restaurants:

Saint-Vigor-d'Ymonville and Saint-Romain-de-Colbosc.

Worth knowing

Vival

Grocery.

Open from Tuesday to Saturday and Sunday morning.

20, route du village

76430 Saint-Vigor-d'Ymonville

All shops and services:

Saint-Romain-de-Colbosc.

Nature outings for groups and individuals

Maison de l'Estuaire

Information and booking :

Tel. +33 (0)2 35 24 80 01

From Monday to Friday

communication@maisondelestuaire.org

maisondelestuaire.org

For more tourist informations

Point Information Tourisme

Maison de l'Intercommunalité

5, rue Sylvestre Dumesnil

76430 Saint-Romain de Colbosc

pointinfotourisme@caux-estuaire.fr

caux-estuaire.fr

Tel. +33 (0)2 35 13 86 49

Seine-Maritime Tourisme

seine-maritime-tourisme.com 

DES VASIÈRES AUX ROSELIÈRES

8



2 possible starting points

P Car park

Observation area

National Nature Reserve (Maison de la Réserve / Salle de l'Avocette)

Panoramic viewpoint

Wrong way



Q 76430 Sandouville

Right bank (north): Aire de la Baie de Seine parking area at the foot of the Pont de Normandie

4 km out/back (8 km out/back including the bridge tour)

Left bank (south): parking area for the Pont de Normandie tour

8 km out/back

Starting from the Reserve Visitor Centre, this trail allows you to get to know - with dry feet - the different estuary environments that are subject to the coming and going of the tides. The vast expanses of brackish reed beds, the undisputed refuge of marshes passerines, are dotted with ponds created for hunting waterfowl. This "sea" of reeds gradually gives way to salt marshes, then to mud flats, where waders come to feed. During rising and high tides, the Seine estuary is an important refuge for ducks, geese and swans, which can be observed from the first parts of the bridge.

Birds that can be seen here

All year round

Bearded reedling, Cetti's warbler, Marsh harrier, Common shelduck, Spoonbill, Great cormorant.

Spring / Summer

Bluethroat, Reed bunting, Water rail.

Autumn / Winter

Northern Pintail, Pied avocet, Oystercatcher.

Fauna

Common seal.

Flora

Halophilic plants ("salt-loving" plants): maritime aster, glasswort, halberd-leaved atriplex.

Observe the extent of the reeds in the reserve.

Nearby

The Tancarville and Normandy bridges: these two cable-stayed bridges are true works of art that are part of the identity of the landscape.

The Normandy bridge, opened in 1995, connects Le Havre to Honfleur. It is a technological wonder, at 2,141 metres in length and with pylons reaching 214 metres in height.

Lookout area in Sandouville

Orientation tables evoke the history and industrial development of this part of the Seine estuary and provide information on the protection and enhancement of the environment, flora and fauna. Picnic tables.

Lieu-dit Le vachat

GPS coordinates:

latitude: 49.491630 longitude: 0.304400

La salle de l'Avocette

The Avocet Room, managed by the Estuary Visitor Centre, presents a permanent exhibition dedicated to the National Natural Reserve of the Seine Estuary. Here you can discover the different faces of the natural reserve, past and present, natural and human.

Open from March to October on Wednesdays and weekends from 14.00 to 18.00.

For more information, contact the Estuary Visitor Centre.

Where to sleep

Guests houses and rental cottages:

La Cerlangue, La Remuée, Saint-Romain-de-Colbosc.

caux-estuaire.fr

gites-normandie-76.com 

Where to eat

Restaurants: Sandouville and Honfleur.

Worth knowing

All shops and services:

Saint-Romain-de-Colbosc and Honfleur.

Nature outings for groups and individuals

Maison de l'Estuaire

Information and booking :

Tel. +33 (0)2 35 24 80 01

From Monday to Friday

communication@maisondelestuaire.org

maisondelestuaire.org

For more tourist informations

Point Information Tourisme

Maison de l'Intercommunalité

5, rue Sylvestre Dumesnil

76430 Saint-Romain de Colbosc

pointinfotourisme@caux-estuaire.fr

caux-estuaire.fr

Tel. +33 (0)2 35 13 86 49

Seine-Maritime Tourisme

seine-maritime-tourisme.com 

Office de Tourisme

Quai Lepaulmier

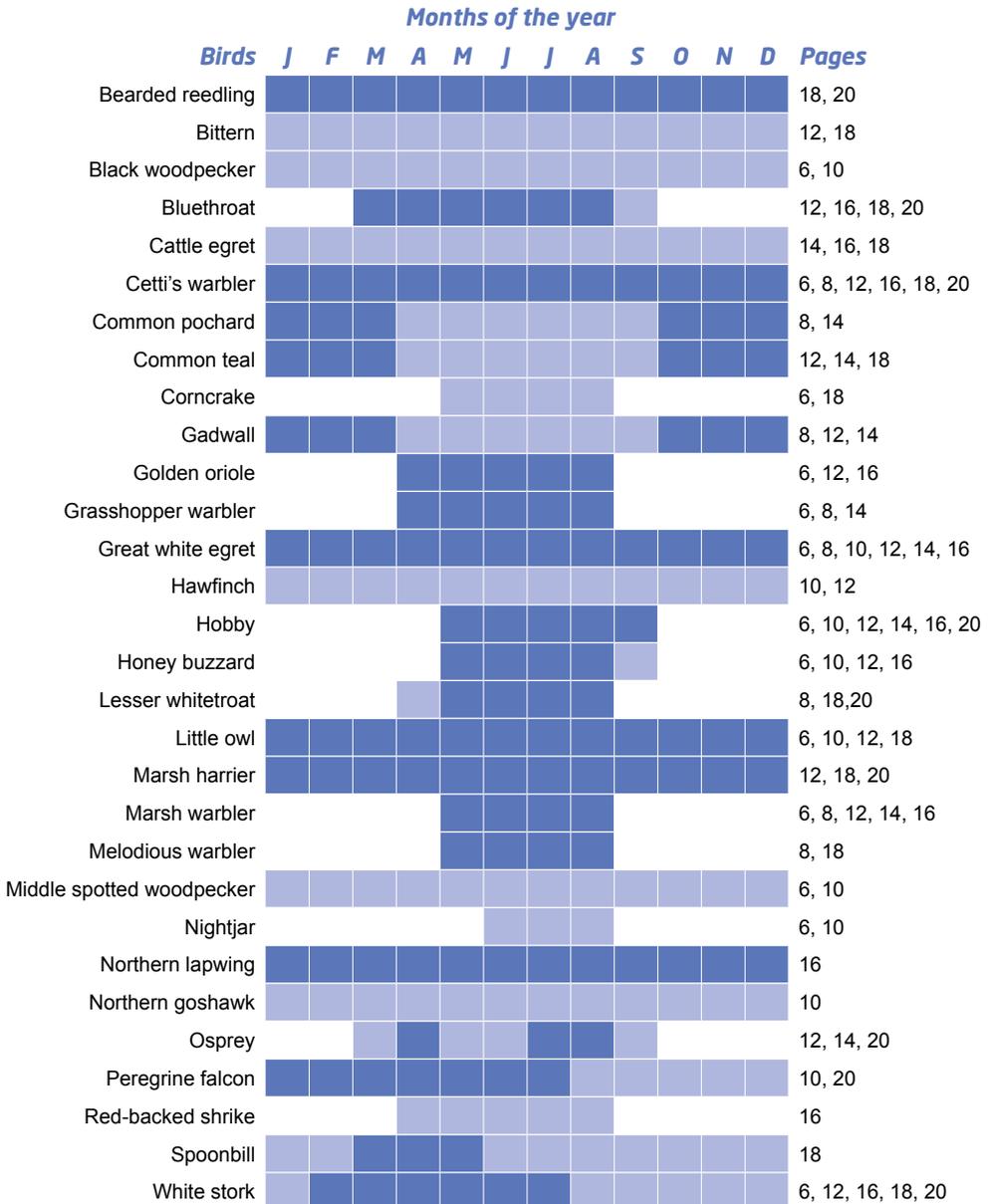
14600 Honfleur

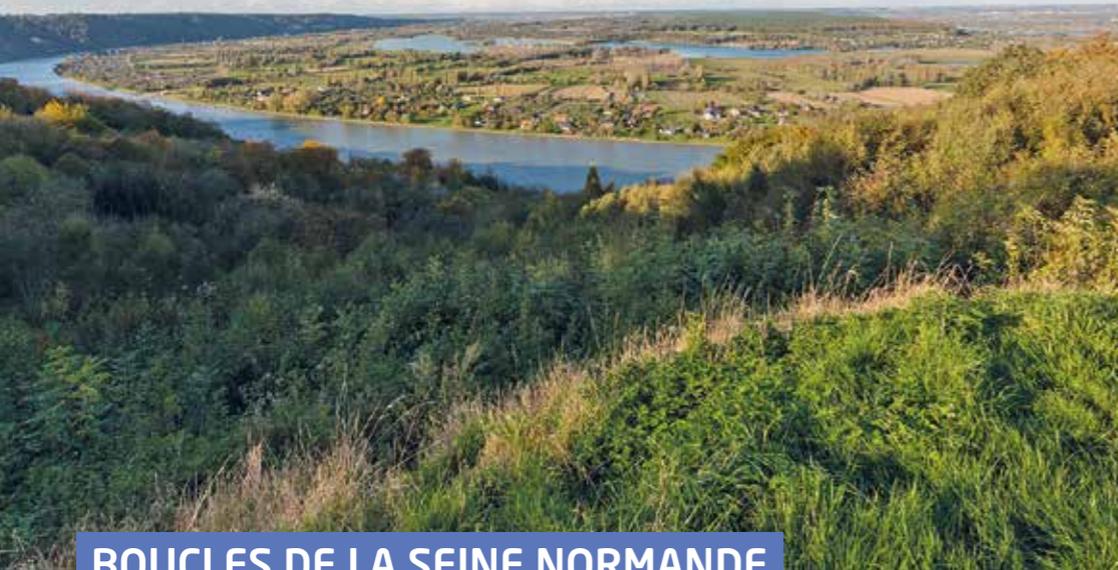
ot-honfleur.fr 

Tel. +33 (0)2 31 89 23 30



Observation periods on the different sites





BOUCLES DE LA SEINE NORMANDE REGIONAL NATURAL PARK

A Paradise for Birds

More than 300 species of birds have been identified across the territory of the Park. The numbers are significant and vary with the seasons according to the periods of breeding and migration.

An area defined as a "Regional Natural Park" since 1974

There are 51 Regional Natural Parks in France. The Boucles de la Seine Normande Regional Natural Park is located in Normandy, along the Seine Valley between the towns of Le Havre and Rouen. The park incorporates 77 parishes

and covers a surface area of 89,700 hectares, of which 24% comprises wetlands and water bodies, and 26% forests.

Diverse landscapes and environments

The valleys of the River Seine and its tributary rivers, the plateaux of Caux and the Roumois,

